

KEY TAKEAWAYS

The Doughnut: Measuring Human Prosperity

In this chapter, Kate Raworth presented the Doughnut model, emphasising the urgent need to balance meeting essential human needs with respecting planetary boundaries, and highlighting the disparities in how different countries are currently positioned relative to these goals.

1. The Doughnut model illustrates the dual challenge of eliminating poverty and deprivation without exceeding ecological boundaries, a balance not yet achieved globally.
2. Data shows billions are deprived of life essentials, while simultaneously, many countries overshoot ecological limits, revealing the scale of the challenge.
3. The histories and futures of nations are deeply interconnected through colonialism, trade, and climate impacts, necessitating a global, cooperative approach to transformation.